



**APPLIED Suicide Intervention Skills Training (ASIST)**  
**Thursday & Friday January 30-31, 2020**  
**8:00 am to 5:00 pm**  
**Porterville Owens Valley Career Development Center**  
**191 W. Poplar**  
**Porterville, CA 93257**



### Training Information

Applied Suicide Intervention Skills Training (ASIST) is an internationally recognized intensive training, regarding signs & symptoms, intervention strategies, discussion of the suicide intervention model, intervention practice via scenarios, and equips people to respond knowledgeably and competently to persons at risk of suicide. Participants learn and practice skills in identifying and responding to people at immediate risk of suicide. Just as "CPR" skills make physical first aid possible, training in suicide intervention develops the skills used in suicide first aid. Skills training programs should address caregiver attitudes towards suicide since these personal elements affect the willingness to help and the effectiveness of the help. Such programs also typically explore options for linking people with resources for ongoing help. After training, participants should be able to: 1. Understand the principles of suicide prevention first aid, 2. Explain the suicide prevention model, 3. Identify individuals who are suicidal, or at-risk of suicide, 4. Feel comfortable in responding to immediate suicide crisis situations.

Please contact Adrianna or Amy with questions 559.784.2316

Please register using the following link: <https://asist-jan-30-and-31-2020.eventbrite.com>