



# **The Tule River Public Health Authority recommends that all residents **STAY AT HOME** due to the **COVID-19** pandemic.**

The Public Health Authority recommends that all residents of the reservation stay at home with exception of essential services, such as; grocery shopping, filling medical prescriptions, health services, etc. Residents should wear masks and remain 6ft apart (social / physical distance) from residents of other households **AT ALL TIMES**. Residents should **NOT** visit or enter other residencies.

The Public Health Authority recommends this policy because there are concerns of “community spread” on the reservation, which means that residents may be infected by COVID-19 as a result from being out in the community.

If you or someone you know needs assistance, please call:

**Tule River Indian Health Clinic, Inc.**

Phone: (559) 784-2316

**OR**

**Emergency Operations Center (EOC)**

**Hours: Monday – Friday 8:00 a.m. – 5:00 p.m.**

Phone: (559) 853 - 6195 (main line)

Phone: (559) 853 - 6194 (second line)

Phone: (559) 853 - 6197 (third line)

**Medical Emergency: CALL - 911**

**Common symptoms of COVID-19 are:** Fever, cough, body aches, shortness of breath, and loss of taste or smell. If you have these symptoms, please call the Health Clinic immediately to schedule an appointment.